

Accessing Taranaki Mental Health and Addiction Services

Concerned about your Mental Health or Alcohol/Drug Use?

Urgent

Non-urgent

Immediate danger?

No

Yes

B
GP
Your doctor

C
Crisis Line
For urgent assessment
0508 292 467

A
Police
Phone 111

N
Taranaki
Secondary
Mental Health
Service

D
Assessment &
Brief Care Team (ABC)

E
Hospital
Emergency
Departments

F
Co Response
Team (CRT)
Respond to 111 calls

G
Te Puna Waiora
Inpatient Ward

H
Tui Ora
For anyone who prefers a
Māori Health Service

I
Adult Community
Mental Health
Teams (CMH)
Adult Community Care

J
Alcohol and
Other Drugs
Team (AOD)
For adults with
addiction issues

K
Perinatal Team
For soon to be or recently
become mothers

L
Child &
Adolescent
Mental Health Service
(CAMHS)
Children & Teenagers

M
Mental Health
Service for Older
People (MHSOP)
For people over 65

Is someone in immediate danger?

Yes: Call the Police. 111

Is your need urgent?

Yes: Telephone the Crisis Line 0508 292 467 or go to the Emergency Department.

No: Make an appointment with your GP.

A The **Police** should always be your first call if anyone is in immediate danger.

They can respond faster and if necessary they can detain people for their own, or others, protection. Once they have the situation under control the Police will contact the Co Response Team.

B Your **General Practitioner (GP)** can treat most mental health and / or addiction issues. They have access to specialist advice and support if they need it or can refer people to hospital Mental Health and Addiction services.

C If someone needs urgent support but there is no immediate danger phone 0508 292 467. This number is manned 24 hours per day, 7 days per week.

D The **Assessment and Brief Care Team** are a mobile team who carry out urgent assessments.

They may arrange admission to Te Puna Waiora, refer people for further specialist mental health assessment or to the Alcohol and Drugs Service.

They may also refer people to their own G.P. or other community supports for follow up.

E **Hospital Emergency Departments** are safe places. They can arrange for an urgent assessment to be carried out by the Assessment and Brief Care Team.

F The **Co Response Team** attend 111 calls with Police when there is urgent need and immediate harm risks.

G **Te Puna Waiora**, 'Spring of Healing Waters', is the inpatient unit for people when they need a high level of care and observation.

H **Tui Ora** provide services to anyone who would prefer Kaupapa Māori health services.

I The **Adult Community Teams** provide specialist support for adults.

J The **Alcohol and Other Drugs Team (AOD)** provide specialist services for people overcoming addictions.

K The **Perinatal Team** work with new and expectant mothers.

L The **Child and Adolescent Mental Health Service (CAMHS)** specialise in the needs of children and young people.

M The **Mental Health Services for Older People (MHSOP)** specialise in the needs of people over 65.

N Taranaki secondary mental health services carry out more detailed assessment and will either refer you to a specialist team or back to your GP for medical care.